

IMPORTANT MEMBER NOTICE

MARCH 16, 2020 | COMMUNITY WELLNESS THE ATHLETIC CLUB

GROUP CLASSES | TEAM TRAINING & KIDS CLUB CLOSURE
EFFECTIVE: TUESDAY 3.17.20
FREE VIRTUAL WORKOUT ACCESS!

THE Athletic Club Membership Family,

In response and respect to the nationwide messaging of social distancing and group settings, we have elected in an abundance of caution to suspend GROUP CLASSES | TEAM TRAINING & KIDS CLUB temporarily until further notice.

PLEASE NOTE: FITNESS WORKOUTS REMAIN OPEN!

In addition, **PERSONAL TRAINING AND PRIVATE PILATES SESSIONS** will continue as the one on one environment meets social distancing requirements.

We know that staying fit and active is our best way to build a strong immune system and stay healthy.

If you can't make it to our club right now due to the Coronavirus, here is a FREE option to help keep you active and working out at home from our sister company and their partners at LesMills.

This platform offers 95 free workouts across 8 categories. All the workouts are in English but you should find it easy to follow the visual cues. We promise it won't automatically collect your data and it will remain available as long as the disruption from Coronavirus continues.



LES MILLS FREE VIRTUAL WORKOUTS

[ACCESS HERE](#)

Working Out with Confidence | The Athletic Club is taking additional precautionary and proactive measures to promote the health and safety of all our members and staff – this is our highest priority. We are closely monitoring the Coronavirus (COVID-19) situation and any NEW updates as they unfold. You have our commitment to respond immediately for the health and safety of our membership and staff. We are following the advice provided by the CDC and in addition, we are working very closely with our industry bodies and staying updated to state and local requirements.

A reminder to take mindful steps in sanitation practices and a collective effort in wiping down equipment before and after use and washing hands thoroughly. Let's work together to keep ourselves safe and healthy.

Sincerely and IN HEALTH,

THE Athletic Club Leadership

THE ATHLETIC CLUB
LUXURY. FITNESS. FAMILY.